

# Chiropractic BioPhysics CBP—The Science of Spinal Health

### June 23, 2025

## Module 9. CBP® Neurology, Posture, & Systemic Health

Course Title: Neurology, Posture & Systemic Health

**Instructors:** Dr. Daniel Murphy and Dr. Deed Harrison

**Course Objective**: To provide a current education in the biomechanics and neuro-physiology of posture deformities

as they relate to Systemic Health of the human. Detailed neuro-physiology of the central and peripheral nervous systems will be reviewed. Emphasis is placed on mechano-sensitive afferent nerve supply of the ligaments and muscles and their consequent relationship to abnormal posture/spine alignment and visceral dysfunction (Type O Disorders). Mechano-sensitive nerve endings in the facet capsular ligaments, spinal ligaments, intervertebral discs and muscles will be

reviewed. This information forms the scientific rationale for the hypothesis of a Nerve

Interference Theory based upon deformation of tissue mechano-receptors from abnormal tissue

loading in abnormal posture and spinal alignment.

**Total Hours:** 10

#### Monday

#### 8am – 11am Biomechanics of Posture Deformities

- The effects of altered spinal mechanics on the tissues of the body
- The effects of altered spinal mechanics on the central nervous system
- The effects of altered spinal mechanics on the peripheral nervous system

#### 11am – 12pm The Patho-anatomical Reasons for the Need of Chiropractic Healthcare

# 12pm – 1pm Indications and contraindications for prescribing home orthotics to patients populations for sagittal plane curve restoration

- Cervical spine
- Thoracic spine
- Lumbar-pelvic region

#### 1pm – 4pm Neurophysiology of Abnormal Spinal and Posture Deformity

- Spinal Cord tethering: how it affects the health of the body, and how to manage by chiropractors
- The chiropractic affect of chronic pain from trauma: what is nerve sprouting,
- Hyper-reinnervation, denervation super sensitivity and neurospinal learning,
- The relationship between altered spinal mechanics, proprioception and systemic health,
- The relationship between altered spinal mechanics and myofascial pain syndrome/ fibromyalgia syndrome and chiropractic subluxation complexes

#### 4pm – 6pm The Role of the Sympathetic Nervous System in Systemic Health

- How Chiropractic affects the sympathetic nervous system
- The reflex nerve interference: definition of nerve compression nerve interference and predominance in chiropractic practice and its inter-relationship
- Management of Chronic Pain & Disease
- Including rheumatoid arthritis, systemic lupus erythematosus, psoriasis, Grave's Disease, multiple sclerosis, etc)
- Allergies, asthma, chronic fatigue syndrome, ear infections, hypertension, colds
- Other systemic diagnosed diseases