



## Chiropractic BioPhysics

CBP—The Science of Spinal Health

### August 23 – 25, 2024

## Module 7. CBP® Hands on Workshop

**Course Title:** Chiropractic Biophysics (CBP®) Hands on Training Workshop

**Instructor:** Dr. Deed Harrison, Dr. Jason Haas, Dr. Joe Ferrantelli, Dr. Jason Jaeger, Dr. Joe Betz

**Course Objective:** This course provides an integrated education for the Doctor of Chiropractic in the Art of chiropractic techniques for spine and postural abnormalities in today's patient populations. This is a 3-day hands on training designed to test the Chiropractic clinicians' knowledge of CBP® technique and their ability to perform it. Current knowledge in CBP technique adjusting, exercises, and traction procedures will be reviewed. Emphasis is placed on analysis of spine/posture deformities using valid and reliable assessments and then the appropriate adjustive and rehabilitative treatment techniques. An interactive survey of case studies for enhanced learning will be presented.

**Total Hours:** 16

### Friday

**4pm – 6pm** CBP® Technique and Rehabilitation procedures with emphasis on staff and patient responsibilities and communication points

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- PosturePrint® PostureScreen analysis with hands on training and generated postural displacement findings for each person attending

**6pm – 8pm** Mirror Image® Adjusting Using PosturePrint® Displacement Findings

- Mirror Image® adjusting based on PosturePrint® findings. Each attendee will partner up and use Drop Table and Instrument techniques for supervised adjusting setups and demonstrations

### Saturday

**9am – 12pm** Mirror Image® Exercises Using Posture Screen Displacement Findings

- Mirror Image® exercise program structuring and implementation using the PosturePrint® findings of each attendee
- Each Attendee will implement & perform exercises for rotation and translation displacements of the head, thorax, pelvis, and extremities

**Noon – 1 pm** Mirror Image® Lumbar-pelvic Traction

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various lumbar-pelvic traction devices
- The details of patient progression throughout treatment will be delineated
- Indications and contra-indications to each traction type will be delineated

**1pm – 2pm** LUNCH

**2pm – 5 pm** Mirror Image® Lumbar-pelvic Traction - *Continued*

## **Saturday - *Continued***

### **5pm – 7pm Mirror Image® Thoracic and Full Spine Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various thoracic and full spine traction devices
- The details of patient progression through a program of treatment will be delineated
- Indications and contra-indications to each traction type will be delineated

## **Sunday**

### **8am – 11am Mirror Image® Cervical Spine Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various cervical spine traction devices
- The details of patient progression through a program of treatment will be delineated
- Indications and contra-indications to each traction type will be delineated

### **11am – Noon Management of Sagittal Plane Deformities:**

- Indications and contraindications for the use of home orthotics: Denneroll, Compression extension traction wedge, and others