



Chiropractic BioPhysics
CBP—The Science of Spinal Health

CBP 44th Annual
September 2-4, 2022
Nashville, TN

CBP Corrective Chiropractic: Contemporary Research and Practices for Unparalleled Patient and Practice Health & Wellness

Course Title: CBP 2022 Annual Convention

Course objective: This course provides an integrated education for the Doctor of Chiropractic in the Science and Art of chiropractic techniques for rehabilitation of spine / postural abnormalities, biomechanics / disorders. State of the knowledge related to spine stability, joint injury, and neurological disorders will be presented from a conservative physical Chiropractic and rehabilitation perspective. Spine deformities and CBP rehabilitative corrective care as it relates to human health and disorders will be presented along with clinical guidance relative to these conditions.

Contemporary information on spine and posture biomechanics will be presented with detailed information on adjusting, exercising, and traction techniques for improvement abnormalities. New research on spine correction and how that improves patient relevant outcomes of the following spine disorders: General Health Status, Neuro-Physiology Measures (sympathetic skin resistance, evoked potentials, etc.), Functional Disability Measures, Sensori-Motor Integration, Posture Stability, and Chronic pain syndromes. Analysis of spine/posture deformities and their biological effects and appropriate adjustive and rehabilitative treatment techniques will be reviewed.

Instructors: Dr. Deed Harrison, Dr. John Schultz, Dr. David Cruz, Dr. Paul Oakley, Dr. Evan Katz, Dr. Jeb McAviney, Dr. Curtis Fedorchuk, Dr. Jason Jaeger, Dr. Douglas Lightstone

Total Hours: 18

Friday
2 – 5 PM

2022 Spine Research Update: 11 Cervical Spine Randomized Trials

- Sagittal cervical abnormality and deformities defined with cutoff limits.
- Alignment relationship to patient pain, disability, and general health status.
- Understanding patient specific morphology measurements that influence an individual's cervical lordosis and upper thoracic posture magnitudes: thoracic inlet morphology definitions.
- Predicting cervical lordotic correction following corrective interventions using thoracic inlet morphology measures: New research and clinical data.
- 11 Randomized Trials demonstrating improving cervical lordosis and sagittal balance improves pain, disability, and patient function.

Dr. Deed Harrison

5 – 7 PM

Full Spine Deformity as Adult Spine Deformity (ASD) & Rehabilitation Sciences

- Define adult spine deformity (ASD) categories with current evidence trends;
- Thoracic kyphosis abnormality and deformities defined. Categories of hyper-kyphosis and hypo-kyphosis and their relationship to patient pain, disability, and general health status.
- Understanding patient specific measurements that influence an individual's functional pain, disability, and health status.
- Exercise interventions for improving thoracic spine alignment, movement, and functional stability: research and clinical applications.
- Randomized Trials demonstrating improving thoracic kyphosis and sagittal balance improves pain, disability, and patient function.

Dr. David Cruz and Dr. Deed Harrison

Saturday
9 – 11 AM

Medical-Surgical Patient Co-Management Meets the Science and Art of CBP:

- Understanding upper cervical spine injury and instability- A surgeons perspective.
- Surgical vs. conservative management of the upper cervical spine.
- Evidenced based co-management of cervical spine injuries: injection, surgical intervention, and chiropractic rehabilitation.

Dr. John Schultz and Dr. Deed Harrison

- 11 AM – 12 PM** **Identifying common injuries to the upper cervical spine complex and best practices for structural rehabilitation to help the injured patient heal.**
- Identify common spine injuries to the upper cervical spine.
 - Discuss the clinical presentation of these injuries both subjectively and objectively.
 - Discuss the research and evidence on how CBP care might offer patients improved outcomes of care.
 - Specific cases, legal cases using CBP, as the fundamentals of presenting the evidence of CBP research in court.
- Dr. Evan Katz**

- 12 – 1 PM** **CBP Technique & CBP Non-Profit Research Updates: Prevalence of spine subluxation measures in clinical practice, New Randomized Trials, Pilot projects, and case reports.**
- Practice based prevalence of spine subluxation and measurement cut points in clinical practice,
 - Pediatric spondylo-listhesis and antero-listhesis incidence and treatment.
 - Pilot Study: Effects of Chiropractic BioPhysics® Structural Rehabilitation Protocol on Blood-Glucose Levels of Type 1 Diabetics
 - Spondylolisthes: selective review of literature, management, and case outcomes on x-ray.
- Dr. Curtis Fedorchuk and Dr. Doug Lightstone**

1 – 2 PM **Lunch**

- 2 – 3 PM** **Scoliosis Deformities and Thoracic Kyphotic Deformities: The Mirror Image Bracing Concept with New Research and Insights**
- Mirror image® scoliosis bracing concept defined,
 - Types of thoracic braces--selecting the right type of brace for the patient at hand,
 - Indicators for soft vs. hard bracing in Adult kyphosis vs. Scheuremann's or Juvenile.
 - Fitting and application of the different braces,
 - Follow up considerations for the patients after Mirror Image® Bracing.
 - How to implement bracing and course material into your existing practice as well as survey research materials
 - Studies supporting efficacy of course materials and treatment methods
- Dr. Jeb McAviney**

- 3 – 7 PM** **CBP Non-Profit Research Updates: New Randomized Trials, Pilot projects, and case reports.**
- New Original Research and Clinical trials:
 - Case control investigation demonstrating forward head posture causes functional impairment in whiplash injured population compared to chronic neck pain and normal controls.
 - RCT: 200 patients with Adolescent Idiopathic Scoliosis and outcomes of care using a new 3-D mirror image thoraco-lumbar corrective brace.
 - Forward head posture Case Control Sensori-motor integration, balance, and proprioceptive improvements.
 - Forward head posture alters athletic performance and sensori-motor integration.
 - The radiology debate in chiropractic: A new professional evidence based survey regarding radiology utilization and viewpoints across the Chiropractic profession.
 - Clinical research approach for CBP practitioners, from clinical trials to point-of-care patient applications research.
 - New peer-reviewed publications: case reports, case series, and patient relevant outcomes for corrective care practitioners.
- Dr. Deed Harrison, Dr. Paul Oakley, Dr. Jason Jaeger, Dr. Douglas Lightstone**

Sunday

- 8 AM – 12 PM** **CBP® Technique Analysis, Intervention and Outcomes: New CBP Case Studies**
- CBP Peer-reviewed case studies: A Literature review of cases to date.
 - CBP Technique procedures for cervical spine subluxations and health impairments,
 - CBP Technique procedures for lumbar spine subluxations and health impairments,
 - CBP Technique procedures for thoracic spine subluxations and health impairments,
 - CBP Technique procedures for full spine subluxations and health impairments,
 - Mirror Image adjusting procedures,
 - Mirror Image traction procedures,
 - Mirror Image exercise procedures,
 - Case studies: real results, real cases, and application and timing of CBP procedures.
- Dr. Deed Harrison Moderator**