



**Chiropractic BioPhysics**  
CBP—The Science of Spinal Health

**2019**

**Module 7. CBP® Hands on Workshop**

**February 8 – 10, 2019**

**Course Title:** Chiropractic Biophysics (CBP®) Hands on Training Workshop

**Instructor:** Dr. Deed Harrison, Dr. Jason Haas, Dr. Joe Ferrantelli, Dr. Jason Jaeger, Dr. Joe Betz

**Course Objective:** This course provides an integrated education for the Doctor of Chiropractic in the Art of chiropractic techniques for spine and postural abnormalities in today's patient populations. This is a 3 day hands on training designed to test the Chiropractic clinicians' knowledge of CBP® technique and their ability to perform it. Current knowledge in CBP technique adjusting, exercises, and traction procedures will be reviewed. Emphasis is placed on analysis of spine/posture deformities using valid and reliable assessments and then the appropriate adjustive and rehabilitative treatment techniques. An interactive survey of case studies for enhanced learning will be presented.

**Total Hours:** 16

**Friday**

**4pm-6pm**

**CBP® Technique and Rehabilitation procedures with emphasis on staff and patient responsibilities and communication points**

- CBP® Technique and Rehabilitation procedures with emphasis on staff and patient responsibilities and communication points,
- PosturePrint® PostureScreen analysis with hands on training and generated postural displacement findings for each person attending;

**1 Hr. CE. Lecture/ Principles of Practice**

**1 Hr. CE. Lecture/ Examination**

**6pm-8pm**

**Mirror Image Adjusting Using PosturePrint Displacement Findings**

- Mirror Image® adjusting based on PosturePrint® findings. Each attendee will partner up and use Drop Table and Instrument techniques for supervised adjusting setups and demonstrations;

**2 Hr. CE. Lecture/ Technique-CBP**

**Saturday**

**9am-12pm**

**Mirror Image Exercises Using Posture Screen Displacement Findings**

- Mirror Image® exercise program structuring and implementation using the PosturePrint® findings of each attendee;
- Each Attendee will implement & perform exercises for rotation and translation displacements of the head, thorax, pelvis, and extremities;

**3 Hr. CE. Lecture/ Technique-CBP**

**Noon-4pm**

**Mirror Image® Lumbar-pelvic Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various lumbar-pelvic traction devices,
- The details of patient progression throughout treatment will be delineated,
- Indications and contra-indications to each traction type will be delineated.

**3 Hr. CE. Lecture/ Technique-CBP**

**1pm -2pm**

**LUNCH**

**5pm-7pm**

**Mirror Image® Thoracic and Full Spine Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various thoracic and full spine traction devices,
- The details of patient progression through a program of treatment will be delineated,
- Indications and contra-indications to each traction type will be delineated.

**2 Hr. CE. Lecture/ Technique-CBP**

**Sunday**

**8am-11am**

**Mirror Image® Cervical Spine Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various cervical spine traction devices,
- The details of patient progression through a program of treatment will be delineated,
- Indications and contra-indications to each traction type will be delineated.

**3 Hr. CE. Lecture/ Technique**

**11am-Noon**

**Management of Sagittal Plane Deformities:**

- Indications and contraindications for the use of home orthotics: Denneroll, Compression extension traction wedge, and others.

**1 Hr. CE. Lecture/ Technique – CBP**