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Chiropractic BioPhysics
CBP—The Science of Spinal Health

2018

Module 7. CBP® Hands on Workshop

Course Title: Chiropractic Biophysics (CBP®) Hands on Training Workshop

Instructor: Dr. Deed Harrison, Dr. Jason Haas, Dr. Joe Ferrantelli, Dr. Jason Jaeger, Dr. Joe Betz

Course Objective: This course provides an integrated education for the Doctor of Chiropractic in the Art of chiropractic techniques for spine and postural abnormalities in today's patient populations. This is a 3 day hands on training designed to test the Chiropractic clinicians' knowledge of CBP® technique and their ability to perform it. Current knowledge in CBP technique adjusting, exercises, and traction procedures will be reviewed. Emphasis is placed on analysis of spine/posture deformities using valid and reliable assessments and then the appropriate adjustive and rehabilitative treatment techniques. An interactive survey of case studies for enhanced learning will be presented.

Total Hours: **16**

Friday

4pm-6pm **CBP® Technique and Rehabilitation procedures with emphasis on staff and patient responsibilities and communication points**

- CBP® Technique and Rehabilitation procedures with emphasis on staff and patient responsibilities and communication points,
- PosturePrint® PostureScreen analysis with hands on training and generated postural displacement findings for each person attending;

1 Hr. CE, Lecture, Principles of Practice
1Hr. CE, Lecture, Examination

6pm-8pm **Mirror Image Adjusting Using PosturePrint Displacement Findings**

- Mirror Image® adjusting based on PosturePrint® findings. Each attendee will partner up and use Drop Table and Instrument techniques for supervised adjusting setups and demonstrations;

2 Hr. CE/Lecture/Technique-CBP

Saturday

9am-12pm **Mirror Image Exercises Using Posture Screen Displacement Findings**

- Mirror Image® exercise program structuring and implementation using the PosturePrint® findings of each attendee;
- Each Attendee will implement & perform exercises for rotation and translation displacements of the head, thorax, pelvis, and extremities;

3 Hr. CE/Lecture/Technique-CBP

Noon-4pm **Mirror Image® Lumbar-pelvic Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various lumbar-pelvic traction devices,
- The details of patient progression throughout treatment will be delineated,
- Indications and contra-indications to each traction type will be delineated.

3 Hr. CE/Lecture/Technique-CBP

1pm -2pm **LUNCH**

5pm-7pm **Mirror Image® Thoracic and Full Spine Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various thoracic and full spine traction devices,
- The details of patient progression through a program of treatment will be delineated,
- Indications and contra-indications to each traction type will be delineated.

2 Hr. CE/Lecture/Technique-CBP

Sunday

8am-11am **Mirror Image® Cervical Spine Traction**

- Each attendee will be given a patient radiograph and postural findings and be asked to perform a setup in various cervical spine traction devices,
- The details of patient progression through a program of treatment will be delineated,
- Indications and contra-indications to each traction type will be delineated.

3 Hr. CE/Lecture/Technique

11am-Noon **Management of Sagittal Plane Deformities:**

- Indications and contraindications for the use of home orthotics: Denneroll, Compression extension traction wedge, and others.

1 Hr. CE, Lecture, Technique – CBP